

**OFFICIAL PROGRAM**  
**8 - 12 JUNE 2022**

**22<sup>nd</sup> African Senior**  
*Athletics Championships*  
**MAURITIUS 2022**

**NO PUBLIC ADMITTANCE**



# DAY I

# WEDNESDAY 08 JUNE

NO PUBLIC ADMITTANCE

## MORNING

08H30	Hurdles	Women	Heptathlon
09H00	100 m	Women	1 <sup>st</sup> Round
09H40	High Jump	Women	Heptathlon
10H00	100 m	Men	1 <sup>st</sup> Round
10H30	Shot Put	Women	Final
11H10	400 m	Women	1 <sup>st</sup> Round
11H55	400 m	Men	1 <sup>st</sup> Round
12H15	Shot Put	Women	Heptathlon

## AFTERNOON

14H00	100 m Hurdles	Women	1 <sup>st</sup> Round
14H25	110 m Hurdles	Men	1 <sup>st</sup> Round
14H30	Long Jump	Men	Qualification A / B
14H35	10 000 m	Men	Finale / Final
15H30	800 m	Men	1 <sup>st</sup> Round
15H40	Hammer	Men	Finale / Final
15H50	100 m	Women	Semi-Final
16H05	100 m	Men	Semi-Final
16H25	1500m	Women	1 <sup>st</sup> Round
16H40	200 m	Women	Heptathlon
16H50	4x400	Mixed Relay	1 <sup>st</sup> Round

## OPENING CEREMONY - 17H00



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# DAY 2

# THURSDAY 09 JUNE

NO PUBLIC ADMITTANCE

## MORNING

09H00	Long Jump	Women	Heptathlon
09H15	400 m Hurdles	Men	1 <sup>st</sup> Round
09H45	4 x 100 m	Women	1 <sup>st</sup> Round
09H50	4 x 100 m	Men	1 <sup>st</sup> Round
10H15	Long Jump	Women	Qualification A / B
10H30	Javelin	Women	Heptathlon
11H55	400 m	Men	1 <sup>st</sup> Round
12H15	Shot Put	Women	Heptathlon

## AFTERNOON

15H00	High Jump	Women	Final
15H10	100 m Hurdles	Women	Final
15H25	400 m	Women	Semi-final
15H40	400 m	Men	Semi-final
15H45	Discus	Men	Final
15H50	1500 m	Women	Final
16H00	100 m	Women	Final
16H10	100 m	Men	Final
16H25	800 m	Men	Semi-Final
16H30	Long Jump	Men	Final
16H45	800 m	Women	Heptathlon
16H55	5000 m	Women	Final
17H15	110m Haies	Men	Final
17H30	4 x 400 m	Mixed Relay	Final



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## MORNING

09H00	100 m	Men	Decathlon
09H10	Triple Jump	Men	Qualification A / B
09H30	5000 m	Men	1 <sup>st</sup> Round
10H00	Long Jump	Men	Decathlon
11H00	Shot Put	Men	Decathlon

## AFTERNOON

15H00	Hammer	Women	Qualification A
15H00	High Jump	Men	Decathlon
15H15	400 m	Women	Final
15H20	Pole vault	Women	Final
15H25	400 m	Men	Final
15H35	Discus	Women	Final
15H40	1500 m	Men	1 <sup>st</sup> Round
15H55	800 m	Men	Final
16H00	Long Jump	Women	Final
16H10	3000 m Steeple Chase	Men	Final
16H15	Hammer	Women	Qualification B
16H30	400m Hurdles	Men	Semi-Final
16H45	400 m	Men	Decathlon
17H00	4 x 100 m	Women	Final
17H10	4 x 100 m	Men	Final



# DAY 4

# SATURDAY II JUNE

NO PUBLIC ADMITTANCE

## MORNING

09H00	Hurdles	Men	Decathlon
09H15	200 m	Women	1 <sup>st</sup> Round
09H40	Discus	Men	Decathlon
09H55	200 m	Men	1 <sup>st</sup> Round
10H50	Pole vault	Men	Decathlon
10H55	800 m	Women	1 <sup>st</sup> Round
11H15	Hurdles	Women	1 <sup>st</sup> Round

## AFTERNOON

15H00	Javelin	Men	Decathlon
15H10	Hammer	Women	Final
15H15	Pole Vault	Men	Final
15H20	200m	Women	Semi-Final
15H35	200m	Men	Semi-Final
15H40	Triple Jump	Men	Final
15H45	High Jump	Men	Qualification A / B
15H50	1500 m	Men	Final
16H00	Javelin	Women	Final
16H05	10000m	Women	Final
16H45	1500 m	Men	Decathlon
16H55	4 x 400 m	Women	1 <sup>st</sup> Round
17H10	4 x 400 m	Men	1 <sup>st</sup> Round



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## MORNING

07H30	20 km Walk	Women	Final
08H00	20 km Walk	Men	Final

## AFTERNOON

15H00	High Jump	Men	Final
15H10	Javelin	Men	Final
15H15	3000 m Steeple chase	Women	Final
15H20	Triple Jump	Women	Final
15H30	Shot put	Men	Final
15H50	400 m Hurdles	Women	Final
16H00	400 m Hurdles	Men	Final
16H10	200 m	Women	Final
16H30	200 m	Men	Final
16H45	800 m	Women	Final
17H05	5000 m	Men	Final
17H30	4 x 400 m	Women	Final
17H50	4 x 400 m	Men	Final

## CLOSING CEREMONY



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